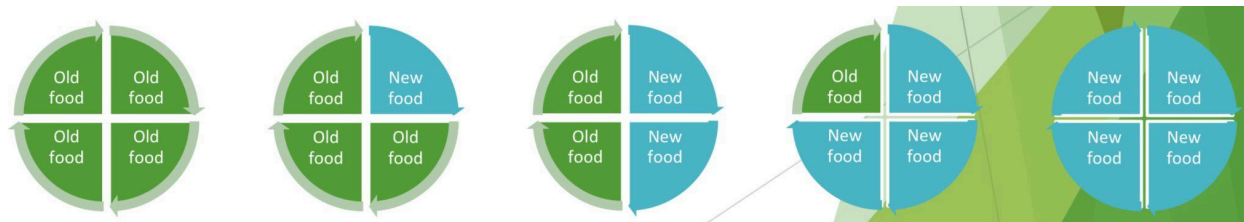


Elimination Diet Trial

Overview

The **only** scientifically verified means of diagnosing food allergy or intolerance is an elimination diet trial. This involves feeding a restricted diet as a test for **6-8 weeks for skin or 2-4 weeks for gastrointestinal issues**. A novel carbohydrate and protein source is selected for your pet on the basis of the history you provide us, and used for a limited period of time. During this period it is **ESSENTIAL** that your pet receives **ONLY the specified diet, water and NOTHING ELSE**.

Cats can be encouraged to adopt a new food by gradual introduction over 3-7 days, with the advantage of fewer gastrointestinal upsets and greater compliance.



Forbidden foods:

1. **NO Treats and Chews**
2. **NO Scraps and Tidbits**
3. **NO Supplements (Powders, capsules, etc)**
4. **NO Tea, milk or coffee**
5. **NO biscuits or treats**
6. **NO flavourings or gravy**
7. **NO Scavenging**


Please ensure that all members of your family and your pet's contact circle are on board with this regimen, as one person feeding tidbits regularly could lead to lifelong unnecessary medication. In contrast, if a trial is performed correctly, this may confirm the need only for a specific diet, and remove the requirement for long term drugs.




Feeding Regimen

- The starting weight of your Cat is X kg
- The elimination diet selected for your pet is Purina HA Dry Food, Royal Canin Hypoallergenic or Royal Canin Anallergenic
- You should feed X g a day in divided meals for HA, please check pack feeding guide for Royal Canin food


 kg (kg)	 g/24h
2 kg	30 g
3 kg	45 g
4 kg	60 g
5 kg	80 g
>5 kg	+15 g/kg

UK IE FELINE HA ST/OX HYPOALLERGENIC

 **DRY ONLY**

CAT WEIGHT KG	WEIGHT CONDITION		
	THIN 	NORMAL 	OVERWEIGHT 
2	39 g	32 g	26 g
3	52 g	43 g	34 g
4	63 g	53 g	42 g
6	84 g	70 g	56 g
8	104 g	86 g	69 g

Metabolisable energy: 3939 kcal/kg

 WATER

Royal Canin Anallergenic Feeding guide

